

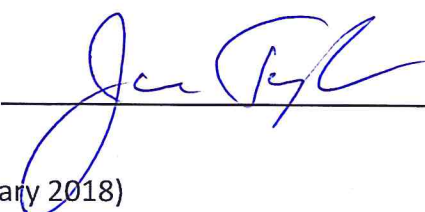


**OCDSB 122: Parental Consent for Trip Participation**

RETAIN THIS PAGE (PAGE 1) FOR YOUR INFORMATION.

PLEASE SIGN AND RETURN THE ATTACHED PAGE (PAGE 2).

School: Glashan Public School	Lead Trip Supervisor/Teacher: Ruth Elias
Date of Field Trip: <u>May 8-10, 2019</u>	Rain Date: <u>N/A</u>
Class/Subject Area: French, History, Geography, Health and Physical Education	Activity: Quebec City
Risk Associated with the Activity: slipping, becoming separated from group, becoming ill	Educational Purpose of Field Trip: Opportunity to learn about and experience life in old Quebec City. Opportunity to use French within a French speaking environment.
<b>Departure</b>	<b>Return</b>
Time: <u>6:30 AM Wednesday, May 8, 2019</u>	Time: <u>7:30 PM Friday May 10, 2019</u>
Transportation details: Greyhound Bus	Transportation details: Greyhound Bus
To: <u>Quebec City</u>	Place: <u>Glashan Public School, Ottawa, ON</u>
<b>In case of late return or other inquiries</b>	
Contact Name: <u>Ruth Elias</u>	Contact Phone: <u>613-614-2250</u>
Cost per Student: \$ <u>469</u>	is due by: <u>March 22, 2019</u>
Requirements for Field Trip Participants:	
Lunch/Snack: <u>Bring a packed lunch with snacks on May 8, 2019</u>	
Special Clothing/Equipment: <u>As per clothing list</u>	
Other: _____	

Principal Signature: 

Date: April 11/19

Teacher: \_\_\_\_\_  
Class Code: \_\_\_\_\_

TO PARENT OR GUARDIAN: THIS IS AN IMPORTANT FORM.  
SELECT YES OR NO, COMPLETE, SIGN, AND RETURN THE FORM TO THE SCHOOL.

YES I give permission

NO I DO NOT give permission

to the Ottawa-Carleton District School Board for the following student to participate in the field trip activity (description): Quebec City

Scheduled to take place on or about (date): May 8-10, 2019 Cost per Student: \$469

Name of Student: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Alternate Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**Medical Information:**

Indicate any medical information or dietary restrictions that the supervising teacher needs to know.

**Medical Consent:** Should it become necessary for my child/ward to receive medical care, I hereby authorize the teacher to use his/her best judgement in obtaining such care. I/we understand that any costs will be my/our responsibility. I also understand that in the case of accident or illness I will be notified as soon as possible.

**Elements of Risk:** Any out of school activities may involve certain elements of risk. Injuries may occur while participating in the activities related to this field trip. The chance of injury can occur without any fault of the student, the school board, its employees/agents or the facility where the activity is taking place. I/we understand that any costs will be my/our responsibility as the OCDSB does not provide accident insurance coverage for student injuries that occur during school activities.

**ACKNOWLEDGEMENT:**

I have received, read, and understand all of the above, and give, or do not give, as indicated above, permission for my child/ward to participate in this activity.

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

I wish to volunteer for this trip:

YES

NO

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

*Personal information on this form is collected under the authority of sections 58.5(1) and 265(d) of the Education Act, R.S.O. 1990, c.E2, as amended, and in accordance with section 29(2) of the Municipal Freedom of Information and Protection of Privacy Act. It will be used for the purpose of managing student learning and well-being. Questions about this collection should be directed to the school principal.*

# TEMPLE & TEMPLE

- Sample Itinerary -  
**GLASHAN PUBLIC SCHOOL**  
**3-Day QUEBEC CITY Tour**  
**May 8-9-10, 2019**

*Note: Canadian federal laws require that you abide by specific driver's hours. Your driver can be on-duty for a maximum of 15 hours (includes servicing, cleaning, travel time prior to your first pick-up and after your last drop-off each evening) driving for a maximum of 13 hours. Your driver must have a minimum of 8 hours sleep each night.*

**BUS #2 & BUS #3 PLEASE NOTE THIS TOUR WILL BE CONDUCTED IN FRENCH**  
**NO POP DRINKS AT RESTAURANTS, ONLY MILK, WATER AND JUICE**

## **DAY ONE: Wednesday May 8<sup>th</sup>, 2019**

**5:00am** *Your drivers begin their day. They are now on duty.*

**6:00am** Modern video-equipped highway coaches (4 x 56 – passengers) to arrive at your school. Load luggage on board.

***Directions to school:*** *Laurier Street East to left on O'Connor Street to right on Summerset Street to left on Bank*

School Address: 28 Arlington Avenue  
Ottawa ON K2P 1C2  
Tel: (613) 239-2264

**6:30am** Depart from your school to Quebec City. A rest/lunch stop (not included) will be made on route. Please bring a lunch with them on this day.

**1:00pm** Arrive in Quebec City. Meet with your **Temple&Temple Activities Directors** in the parking lot of **BUSES #2&3: Visit La Citadelle**, Quebec's famous fortress, for a **guided tour**.

**BUSES#1&4: Participate in a tour of the Governor General's summer residence** at La Citadelle.

**2:00pm** **BUSES #2&3: Participate in a tour of the Governor General's summer residence** at La Citadelle. Be given time to **Souvenir Shop on Rue St-Jean**.

**BUSES#1&4: Visit La Citadelle**, Quebec's famous fortress, for a **guided tour**. Afterward, students visit **Souvenir Shop on Rue St-Jean**.

**4:00pm** **BUSES #1, 2, 3 & 4: Board your coaches.** Your group may choose to walk. Check into your accommodation.

**HOTEL LE CONCORDE**  
1225, cours du Général-de-Montcalm  
Québec PQ G1R 6A5  
Tel: (418) 647-2222

**Drivers to stay at:**  
Auberge Québec  
3055 Boulevard Laurier  
Québec QC G1V 4X2  
Tel: (418) 651-2440

*Please check in Buses 2 & 3 first.*

## **DAY ONE: Continued...**



- 5:00pm **BUSES #1&4:** Board your coaches for a shuttle to dinner.  
**BUSES#2&3:** Board your coaches for a shuttle to Morrin Center.
- 5:15pm **BUSES #1&4:** Enjoy a **buffet dinner** at **Spag & Tini** (max **155 persons** - included).  
**BUSES#2&3:** Participate in an **Evening Ghost Tour**, Old Quebec City as conducted by **ghosts f**  
*Promenades Fantômes Français: 4 groups of 32-34 people - Depart at 5:15pm, 5:20pm, 5:25pm*
- 6:15pm **BUSES#1&4:** Board your coaches for a shuttle to the Canadian Pavilion.
- 6:30pm **BUSES#2&3:** Walk to dinner.
- 6:30pm **BUSES #1&4:** Participate in a **Military workshop** at the **Discovery Pavilion** on the Plains of Ab
- 6:45pm **BUSES#2&3:** Enjoy a **buffet dinner** at **Spag & Tini** (max **155 persons** - included).  
*Your drivers must finish driving your group at 7:30pm. They are off duty at 8:00pm.*
- 8:00pm **BUSES #1&4:** Walk to Morrin Center for your Ghost Tour.  
**BUSES #2&3:** Walk to the Canadian Pavillion.
- 8:15pm **BUSES #1&4:** Participate in an **Evening Lantern Walking Tour of Upper Town**, Old Quebec C  
from the city's past! (*Les Promenades Fantômes: 4 groups of 32-34 people - Depart at 8:15pm,*
- 8:30pm **BUSES #2&3:** Participate in a **Military workshop** at the **Discovery Pavilion** on the Plains of Ab
- 10:00pm **ALL BUSES: Return to your accommodation by foot. Overnight in Quebec City.**  
**Evening security (2 guards)** is provided exclusively for your group **each night** from **11:00pm** to

## **DAY TWO: Thursday May 9<sup>th</sup>, 2019**

- 7:00am Walk to breakfast.
- 7:30am **BUSES #1&4:** Enjoy a **buffet breakfast** at **Côtes-à-Côtes** (included).  
**BUSES #2&3:** Enjoy a **buffet breakfast** at **Spag & Tini** (included).
- 8:00am** *Your drivers begin their day. They are now on duty.*
- 8:30am **BUSES #2&3:** Board your coaches for a shuttle to Circus School.
- 8:45am **BUSES #1&4:** Walk to Place Royale.
- 9:00am **BUSES #2&3:** Participate in an interactive **program** at the **Circus School**. Don't forget  
your gym clothes!  
**BUSES #1&4:** Participate in a **Discovery Walk of Lower Town** as conducted by local  
guides. This is the site of Quebec City's original "habitation".

## **DAY TWO: Continued...**

- 10:00am **BUSES #1&4:** Participate in a **City Exploration Rally of Lower Town** followed by  
some free time to **souvenir shop** in **Lower Town**, supervised by teachers.
- 11:45am **BUSES #1&4:** Students will be given time to purchase **lunch** (not included) on **Rue St.**  
**Jean**, supervised by teachers.
- 12:00pm **BUSES #2&3:** Board your coaches for a shuttle to Old Quebec City.



- 12:30pm **BUSES #2&3:** Students will be given time to purchase **lunch** (not included) on Rue St Jean, supervised by teachers.
- 12:45pm **BUSES #1&4:** Board your coaches. Enjoy a scenic countryside driving tour along the **Beaupré Coast**. Highlights include visits to:
- BUS #1: Sainte-Anne Basilica** (1:15pm) **a copper shop and museum** (2:30pm), and **Montmorency Falls** (3:45pm).
- BUS #4: a copper shop and museum** (1:15pm), **Sainte-Anne Basilica** (2:30pm), and **Montmorency Falls** (3:45pm).
- 1:00pm **BUSES #2&3:** Board your coaches. Enjoy a scenic countryside driving tour along the **Beaupré Coast**. Highlights include visits to:
- BUS #2: Sainte-Anne Basilica** (1:30pm) **a copper shop and museum** (2:45pm), and **Montmorency Falls** (4:00pm).
- BUS #3: Montmorency Falls** (1:30pm), **Sainte-Anne Basilica** (2:45pm), and **a copper shop and museum** (4:00pm).
- 4:45pm **ALL BUSES:** Board your coaches for a shuttle to dinner. *(Buses #2&3 may depart at 5:00pm)*
- 5:15pm Enjoy a **buffet dinner** at **Le Buffet des Continents** (included).
- 6:15pm Board your coaches for a shuttle to your evening activity.
- 6:45pm Enjoy an evening of **Cosmic Bowling** at **Quillorama Frontenac!** Don't forget your running shoes!
- 8:45pm Board your coaches. Return to your accommodation. Overnight in Quebec City.  
*Your drivers must finish driving your group at 9:00pm. They are off duty at 9:30pm.*

### **DAY THREE: Friday May 10<sup>th</sup>, 2019**

- 7:15am *Your drivers begin their day. They are now on duty.*
- 7:45am Check out of your accommodation. Load luggage onto your coaches and board. Depart for breakfast.
- 8:00am Enjoy a **buffet breakfast** at **Tomas Tam** (Vanier - included). *Buses 1&4 should be sent to eat first.*
- 8:45am **BUSES #1&4:** Board your coaches for a shuttle to Circus School.

### **DAY THREE: Continued...**

- 9:00am **BUSES #1&4:** Participate in an interactive **program** at the **Circus School**. Don't forget your gym clothes!
- BUSES#2&3:** Board your coaches for a shuttle to Old Quebec City.
- 9:30am **BUSES#2&3:** Participate in a **Discovery Walk of Lower Town** as conducted by local guides. This is the site of Quebec City's original "habitation".



- 10:30am **BUSES#2&3:** Participate in a **City Exploration Rally** of **Lower Town** followed by some free time to **souvenir shop** in **Lower Town**, supervised by teachers.
- 12:00pm **BUSES #1&4:** Board your coaches for a shuttle to Old Quebec City.  
**BUSES#2&3:** Walk to Rue St-Jean.
- 12:30pm Students will be given time to purchase **lunch** (not included) on **rue St-Jean**, supervised by teachers.
- 2:00pm Board your coaches. Say good bye to your **Activities Directors**. Depart from Quebec City. A rest stop will be made on route.
- 7:00pm Arrive at your school.

**Notes:**

- 1) *This is only a sample itinerary. All features of this tour are subject to confirmation at time of payment. A final, more detailed itinerary will be provided to your school upon receipt of your final payment and rooming list.*
- 2) *A driver's and an Activities Director's gratuity is not included and is optional. You may choose to offer a gratuity based on the following: Driver safety, professionalism and courtesy, equipment cleanliness and dependability.*

**TOUR COORDINATOR: Ms. Ruth Elias**

**TOUR CODE:**

TEACHER'S NAME:

TEACHER'S SIGNATURE:

# STUDENTS:

# TEACHERS:

BUS COMPANY:

BUS#:

DRIVER'S NAME:

ACTIVITIES DIRECTOR:



## Quebec City Suggested Packing List

Daypack to take onto the bus with student should include:

- lunch/snacks for first day
- wallet with money (we suggest between \$30 and \$50)
- any medications or inhalers you need with you for the day (eg. EPIPEN/Advil/Gravol...)
- Pen
- Sun hat/cap/ Sunscreen
- Jacket/raincoat
- Umbrella if raining
- Mitts if cool
- Book
- Devices including camera
- Good walking shoes NOT FLIP FLOPS!!!!
- Warm hoodie

**\*\*\*Remember that everything you have in your daypack, you will be responsible for carrying for the day.\*\*\***

Small suitcase/bag with name tag should include:

**Toiletries can include:**

- Toothbrush, toothpaste, dental floss
- deodorant
- hair brush or comb
- sunscreen
- Any medications you only need access to at night

**Clothing:**

- socks (5 just in case it is very rainy)
- Underwear (4)
- Tops (3)
- Bottoms (2)
- sweater/sweatshirt (1)
- Pj's (1)
- gym class type clothing for circus school
- Shoes (2) in case one pair gets wet (comfortable walking shoes)

**\*\*\*Remember you are packing for 2 nights and 3 days, only!\*\*\***