

Quebec City Suggested Packing List

Daypack to take onto the bus with student should include:

- lunch/snacks for first day
- wallet with money (we suggest between \$30 and \$50)
- any medications or inhalers you need with you for the day (eg. EPIPEN/Advil/Gravol...)
- Pen
- Sun hat/cap/ Sunscreen
- Jacket/raincoat
- Umbrella if raining
- Mitts if cool
- Book
- Devices including camera
- Good walking shoes
- Warm hoodie

*****Remember that everything you have in your daypack, you will be responsible for carrying for the day.*****

Small suitcase/bag with name tag should include:

Toiletries can include:

- Toothbrush, toothpaste, dental floss
- deodorant
- hair brush or comb
- sunscreen
- Any medications you only need access to at night

Clothing:

- socks (5 just in case it is very rainy)
- Underwear (4)
- Tops (3)
- Bottoms (2)
- sweater/sweatshirt (1)
- Pj's (1)
- gym class type clothing for circus school
- Shoes (2) in case one pair gets wet (comfortable walking shoes)

*****Remember you are packing for 2 nights and 3 days, only!*****

TEMPLE & TEMPLE

- Proposed Itinerary -
GLASHAN PUBLIC SCHOOL
3-Day QUEBEC CITY Tour
May 10-11-12, 2017

Note: Canadian federal laws require that you abide by specific driver's hours. Your driver can be on-duty for a maximum of 15 hours (includes servicing, cleaning, travel time prior to your first pick-up and after your last drop-off each evening) driving for a maximum of 13 hours. Your driver must have a minimum of 8 hours sleep each night.

BUS #3 & BUS #4 PLEASE NOTE THIS TOUR WILL BE CONDUCTED IN FRENCH
NO POP DRINKS AT RESTAURANTS, ONLY MILK, WATER AND JUICE

DAY ONE: Wednesday May 10th, 2017

5:00am Your drivers begin their day. They are now on duty.

6:00am Modern video-equipped highway coaches (4 x 55 - passengers) to arrive at your school with your Teachers and Directors. Load luggage onto your coaches and board.

Directions to school: Laurier Street East to left on O'Connor Street to right on Summerset Street to left on Bank Street

School Address: 28 Arlington Avenue
Ottawa ON K2P 1C2
(613) 239-2264

6:30am Depart from your school to Quebec City. A rest/lunch stop (not included) will be made on route. We will have lunch with them on this day.

1:00pm Arrive in Quebec City.

BUSES #3 & 4: Participate in a **battlefield workshop** on the Plains of Abraham as conducted by your group will re-enact the famous battle of 1759!

BUSES #1 & 2: Check into your accommodation:

HOTEL LE CONCORDE
1225, cours du Général-de-Montcalm
Québec PQ G1R 6A5
(418) 647-2222

Drivers to stay at:
Auberge Québec
3055 Boulevard Laurier
(418) 651-2440

2:00pm **BUSES #3 & 4:** Check into your accommodation.

3:00pm **BUSES #1 & 2:** Visit **La Citadelle**, Quebec's famous fortress, for a **guided tour**.

4:00pm **BUSES #3 & 4:** Visit **La Citadelle**, Quebec's famous fortress, for a **guided tour**.

4:15pm **BUSES #1 & 2:** Participate in a **battlefield workshop** on the Plains of Abraham as conducted by your group will re-enact the famous battle of 1759!

DAY ONE: Continued...

5:00pm **BUSES #1 & 2:** Board your coaches for a shuttle to dinner.

5:15pm **BUSES #1 & 2:** Enjoy a **buffet dinner** at **Les Voutes du Cavour** (included).

BUSES #3 & 4: Participate in an **Evening Lantern Walking Tour of Upper Town**, Old Quebec City



- the city's past! (*Les Promenades Fantômes: 3 groups of 32-34 people - Depart at 5:15pm, 5:20pm* .
- 6:15pm **BUSES #1 & 2:** Board your coaches for a shuttle to the Canadian Pavilion.
- 6:30pm **BUSES #1 & 2:** Participate in a **Military workshop** at the **Discovery Pavilion** on the Plains of Abra
- 7:15pm **BUSES #3 & 4:** Enjoy a **buffet dinner** at **Les Voutes du Cavour** (included).
- 7:30pm **BUSES #1 & 2:** Board your coaches for a shuttle to Samuel Champlain Monument.
- 7:45pm: **BUSES #1 & 2:** Participate in an **Evening Lantern Walking Tour of Upper Town**, Old Quebec Ci
the city's past! (*Les Promenades Fantômes: 3 groups of 32-34 people - Depart at 7:45pm, 7:50pm* .
- 8:15pm **BUSES #3 & 4:** Board your coaches for a shuttle to the Canadian Pavilion.
- 8:30pm **BUSES #3 & 4:** Participate in a **Military workshop** at the **Discovery Pavilion** on the Plains of Abra
- 9:30pm **ALL BUSES:** Return to your accommodation by foot. **Overnight in Quebec City.**
- Evening security (2 guards) is provided exclusively for your group each night from 11:00pm to 6:

DAY TWO: Thursday May 11th, 2017

- 7:20am Walk to breakfast.
- 7:30am Enjoy a **buffet breakfast** at **La Vieille Maison** (included).
- 8:00am** *Your drivers begin their day. They are now on duty.*
- 8:30am **BUSES #3&4:** Board your coaches for a shuttle to Circus School.
BUSES #1&2: Board your coaches for a shuttle to Lower Town. Your group may choose to walk.
- 9:00am **BUSES #3&4:** Participate in an interactive **programme** at the **Circus School**. Don't forget your running shoes and gym clothes!
BUSES #1&2: Participate in a **Discovery Walk of Lower Town** as conducted by local guides. This is the site of Quebec City's original "habitation".
- 10:00am **BUSES #1&2:** Participate in a **City Exploration Rally of Lower Town** followed by some free time to **souvenir shop** in **Lower Town**, supervised by teachers.
- 11:45am **BUSES #1&2:** Students will be given time to purchase **lunch** (not included) on **Rue St. Jean** supervised by teachers.
- 12:00pm **BUSES #3&4:** Board your coaches for a shuttle to Old Quebec City.

DAY TWO: Continued...

- 12:30pm **BUSES #1&2:** Board your coaches for a shuttle to Circus School.
BUSES #3&4: Students will be given time to purchase **lunch** (not included) on Rue St Jean, supervised by teachers.
- 1:00pm **BUSES #1&2:** Participate in an interactive **programme** at the **Circus School**. Don't forget your running shoes and gym clothes!
- 1:45pm **BUSES #3&4:** Participate in a **Discovery Walk of Lower Town** as conducted by local guides. This is the site of Quebec City's original "habitation".
- 2:45pm **BUSES #3&4:** Participate in a **City Exploration Rally of Lower Town** followed by some free time to **souvenir shop** in **Lower Town**, supervised by teachers.
- 4:00pm **ALL BUSES:** Board your coaches. Return to your accommodation to freshen up.



- 5:00pm Board your coaches for a shuttle to dinner.
- 5:30pm Enjoy **dinner** at **Restaurant L'Académie** (included).
- 6:45pm Board your coaches for a shuttle to your evening activity.
- 7:00pm Enjoy an evening of **Cosmic Bowling** at **Quillorama Frontenac!** Don't forget your running shoes!
- 9:15pm Board your coaches. Return to your accommodation. Overnight in Quebec City.
Your drivers must finish driving your group at 10:00pm. They are off duty at 10:30pm.

DAY THREE: Friday May 12th, 2017

- 6:30am *Your drivers begin their day. They are now on duty.*
- 7:00am Check out of your accommodation. Load luggage onto your coaches and board.
- 7:30am Depart for breakfast.
- 7:45am Enjoy a **buffet breakfast** at **Les Voutes du Cavour** (included).
- 8:30am **ALL BUSES:** Board your coaches. Enjoy a scenic countryside driving tour along the **Beaupré Coast**. Highlights include visits to:
BUS #1: a copper shop and museum (9:00am), **Sainte-Anne Basilica** (10:15am) and **Montmorency Falls** (11:15am).
BUS #2: a copper shop and museum (9:15am), **Sainte-Anne Basilica** (10:30am), and **Montmorency Falls** (11:30am).
BUS #3: Montmorency Falls (9:00am), **Sainte-Anne Basilica** (10:00am) and a **copper shop and museum** (11:00am).
BUS #4: Montmorency Falls (9:00am), **Sainte-Anne Basilica** (10:15am) and a **copper shop and museum** (11:30am).
- 12:00pm **BUS #3:** Board your coach for a shuttle to Old Quebec City.
- 12:15pm **BUSES #1, 2 & 4:** Board your coaches for a shuttle to Old Quebec City.
- 12:30pm **BUS #3:** Students will be given time to purchase **lunch** (not included) on **rue St-Jean**, supervised by teachers.

DAY THREE: Continued...

- 12:45pm **BUSES #1, 2 & 4:** Students will be given time to purchase **lunch** (not included) on **rue St-Jean**, supervised by teachers.
- 2:00pm **ALL BUSES:** Board your coaches. Say good bye to your **Activities Directors**. Depart from Quebec City. A rest stop will be made on route.
- 7:00pm Arrive at your school.

Note: A driver's gratuity is not included and is optional. You may choose to offer your driver a gratuity based on the following: Driver safety, professionalism and courtesy, equipment cleanliness and dependability.

TOUR COORDINATOR: Ms. Ruth Elias
TOUR CODE: QC0503ABCD17

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